



## ***5 Reasons To Use A Low Bed***

### ***1. Low Beds reduce patient fall injuries.***

- Falls account for 70-80% of inpatient incidents in acute care hospitals.
- Every unit in a hospital will have some experience with falling patients.

### ***2. Low Beds make it easier for patients to enter/exit the bed.***

- A standard hospital bed has a low height of 18" -20" , making it difficult for many patients to get in and out of bed.

### ***3. Low Beds are recommended by leading healthcare groups.***

- JCAHO's 2007 National Patient Safety Goal: "Reduce the risk of patient harm resulting from falls". Recommendations include use of low beds.
- VA National Center for Patient Safety: "Falls Breakthrough Series" identified low beds as a primary factor in creating a safe patient room.
- FDA/HBSW: "Clinical Bed Guidance" recommends use of low bed where possible.

### ***4. Low Beds are safer for elderly patients.***

- In 2002, 40% of admissions and 49% of hospital beds were occupied by patients over 65.
- In 20 years, patients over 65 will make up 51% of admissions and 59% of all occupied beds.

### ***5. Low Beds are safer for medicated patients.***

- Patients tend to lose balance and become confused when highly medicated.

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